

# September 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>Afternoon Tea Time</b> <i>Daily, 3pm</i> <i>in the main lobby</i></p>	<p><b>Room Location Legend:</b>  <b>HK</b>– Hobby Kitchen  <b>CR</b>– Canada Room  <b>C</b>– Cafe  <b>GR</b>– TV &amp; Games Room  <b>DTD</b>– Door to Door  <b>LL</b>– Lower Level  <b>CH</b>– Chapel</p>	<p>1            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            1:30 Afternoon Walks            2:00 Arts &amp; Crafts (C)</p>	<p>2            8:30 Walking Club            9:30 Music Time (ALA)            10:30 Balloon Exercise (CR)            1:30 Mindful Meditation (GR)            2:30 Bingo (CR)</p>	<p>3  <b>DR Visit</b>            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            1:30 Tech Class © <b>Bring your own devices</b>            2:30 Friday Treat Cart</p>	<p>4            10:30 Daily Activity Booklet            (Available at Reception)</p>
<p>5            10:30 Daily Activity Booklet            (Available at Reception)</p>	<p>6  <b>Labour Day</b>            9:30 Music Time (ALA)            10:30 Tuck Shop (HK)            10:30 Morning Exercise (CR)            2:00 Carpet Bowling (LL)</p>	<p>7  <b>DR Visit</b>            9:30 Music Time (ALA)            10:30 Morning Outdoor Strolls            1:30 Bingo (ALA)            2:00 I love Lucy (GR)  <b>2:30 Entertainment by Emilio Zarris (CR)</b>            7:15 Bingo (CR)</p>	<p>8            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            1:30 Afternoon Walks  <b>2:30 Entertainment by Diva Diverse (Variety Dance Show) (CR)</b></p>	<p>9            8:30 Walking Club            9:30 Music Time (ALA)            10:30 Trivia (C)            1:30 Mindful Meditation (GR)            2:30 Bingo (CR)</p>	<p>10  <b>DR Visit</b>            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            10:30 Tuck Shop (HK)            1:30 Jokes &amp; Riddles (CR)            2:30 Friday Treat Cart</p>	<p>11            9:30 Music Time (ALA)            10:30 Bingo (CR)            1:30 Afternoon Walks            2:30 Afternoon Exercise (CR)</p>
<p>12  <b>Grandparents Day</b>            10:30 Daily Activity Booklet            (Available at Reception)</p>	<p>13            9:30 Music Time (ALA)            10:30 Morning Movement (CR)            10:30 Tuck Shop (HK)            1:30 Afternoon Walks            2:30 Balloon Tennis (CR)</p>	<p>14  <b>DR Visit</b>            9:30 Music Time (ALA)            10:30 Morning Outdoor Strolls            1:30 Bingo (ALA)            2:00 I love Lucy (GR)  <b>2:30 Entertainment by Edward Swirsky (Juggler) (CR)</b>            7:15 Bingo (CR)</p>	<p>15            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            1:30 Afternoon Walks            2:00 Baking Club (HK)</p>	<p>16            8:30 Walking Club            9:30 Music Time (ALA)            10:30 Jeopardy (CR)            1:30 Mindful Meditation (GR)            2:30 Bingo (CR)</p>	<p>17  <b>DR VISIT</b>            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            10:30 Tuck Shop (HK)            1:30 Carpet Bowling (LL)            2:30 Friday Treat Cart</p>	<p>18  <b>Eat An Apple Day</b>            10:30 Daily Activity Booklet            (Available at Reception)</p>
<p>19            10:30 Daily Activity Booklet            (Available at Reception)            2:00 Anglican Visits with Diane (DTD)            7:30 Piano with Amala (CR)</p>	<p>20            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            10:30 Tuck Shop (HK)            2:00 Carpet Bowling (LL)</p>	<p>21  <b>DR Visit</b>  <b>World Alzheimer's Day</b>            9:30 Music Time (ALA)            10:30 Morning Outdoor Strolls            1:30 Friendly Visits  <b>2:30 Entertainment by Lee Wall (CR)</b>            7:15 Bingo (CR)</p>	<p>22  <b>Autumn Begins</b>            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            1:30 Afternoon Walks            2:00 True or False (CR)</p>	<p>23            8:30 Walking Club            9:30 Music Time (ALA)            10:30 Trivia (C)            1:30 Mindful Meditation (GR)            2:30 Bingo (CR)</p>	<p>24  <b>DR Visit</b>            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            10:30 Tuck Shop (HK)            1:30 Jokes &amp; Riddles (CR)            2:30 Friday Treat Cart            3:45 Never Have I Ever ? (CR)</p>	<p>25            9:30 Music Time (ALA)            10:30 Bingo (CR)            1:30 Afternoon Walks            2:30 Trivia (C)</p>
<p>26            10:30 Daily Activity Booklet            (Available at Reception)</p>	<p>27            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            10:30 Tuck Shop (HK)            1:30 Afternoon Walks            2:30 Balloon Tennis (CR)</p>	<p>28  <b>DR Visit</b>            9:30 Music Time (ALA)            10:30 Morning Outdoor Strolls            1:30 Friendly Visits            2:00 I love Lucy (GR)            3:15 Monthly Birthday Cake (Tea Time)            7:15 Bingo (CR)</p>	<p>29            9:30 Music Time (ALA)            10:30 Morning Exercise (CR)            1:30 Afternoon Walks  <b>2:30 Entertainment by Anthony Gray (CR)</b></p>	<p>30            8:30 Walking Club            9:30 Music Time (ALA)            10:30 Hangman (CR)            1:30 Mindful Meditation (GR)  <b>2:00 Monthly Meeting &amp; Calendar Review (CR)</b>            2:45 Bingo (CR)</p>		