

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<u>Room Location Legend:</u> HK- Hobby Kitchen CR- Canada Room GR- TV & Games Room DTD- Door to Door LL- Lower Level CH- Chapel L- Library BP- Back Patio	10:15 Guided Meditation (GR) 1 10:45 Word Chain (cafe) 2:00 Chair Yoga w/Simone (CR) 3:00 Afternoon Teatime (CR)	9:45 & 10:15 Morning Exercise (CR) 2 10:45 Skip-Bo (CR) 2:00 Dominoes (CR) 3:00 Afternoon Teatime (CR)	10:15 Roman Catholic Church Service (GR) 3 10:15 Shuffleboard (LL) 10:45 Walking Club (LL) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/Marla & Ernie!	10:15 Sit & Stretch (CR) 4 10:45 Blackjack (CR) 11:45 Tuck Shop (HK) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	10:30 Activity Booklet (Available at reception) 5 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)	
	10:30 Activity Booklet (Available at reception) 6 2:00 Church Service w/Richard Saunders (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	10:15 Morning Exercise (CR) 7 10:45 Rummy-O (CR) 2:00 Euchre & Board Games (CR) 3:00 Afternoon Teatime (CR)	10:15 Guided Meditation (GR) 8 10:45 Rebus (cafe) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR)	Vendor: Old Soul Project 9 9:45 & 10:15 Morning Exercise (CR) 10:45 Chase the Ace (CR) 2:00 Hangman (CR) 3:00 Afternoon Teatime (CR)	10:15 Shuffleboard (LL) 10 10:45 Walking Club (LL) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/Marla & Ernie! 7:00 Poker (CR)	9:45 & 10:15 Morning Exercise (CR) 11 10:45 UNO (CR) 11:45 Tuck Shop (HK) 2:00 Let's Karaoke (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	10:15 Sit & Stretch (CR) 12 10:30 Activity Booklet (Available at reception) 10:45 Charades (cafe) 2:00 Card Games (CR) 3:00 Afternoon Teatime (CR) 3:00 Piano w/Amala (CR)
	Labor Day						
	10:30 Activity Booklet (Available at reception) 13 2:00 Church Service w/ St James Apostle Church (L) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	10:15 Morning Exercise (CR) 14 10:45 Lifesize Connect-4 (cafe) 11:45 Tuck Shop (HK) 2:00 Euchre & Board Games (CR) 3:00 Afternoon Teatime (CR)	10:15 Guided Meditation (GR) 15 10:45 For National Grandparents Day: Spa & Pampering (GR) 12:30 Depart to Georgetown Mall- by sign up 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR)	10:30 Indigenous Smudging Ceremony (CR) 16 2:00 Dominoes (CR) 3:00 Afternoon Teatime (CR)	Vendor: Love Rich Jewelry 17 10:15 Roman Catholic Church Service (GR) 10:15 Shuffleboard (LL) 10:45 Walking Club (LL) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/ Marla & Ernie!	10:15 Morning Exercise (CR) 18 10:45 Blackjack (CR) 11:45 Tuck Shop (HK) 2:00 Food Meeting (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	10:30 Activity Booklet (Available at reception) 19 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)
	Grandparents Day					Oktoberfest Begins	
10:30 Activity Booklet (Available at reception) 20 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	9:45 & 10:15 Morning Exercise (CR) 21 10:45 National Chai Day (HK) 11:45 Tuck Shop (HK) 2:00 Euchre & Board Games (CR) 3:00 Afternoon Teatime (CR)	Vendor: Avon 22 10:15 Guided Meditation (GR) 10:30 Depart to Fo Guang Shang Temple - by sign up 10:45 Jeopardy (cafe) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR)	9:45 & 10:15 Morning Exercise (CR) 23 10:45 Pictionary (cafe) 2:00 Monthly Calendar Meeting (CR) 3:00 Afternoon Teatime (CR) 3:30 Wonders of Germany (GR)	10:15 Shuffleboard (LL) 24 10:45 Walking Club (LL) 2:00 Birthday Bash w/ Emillio Zarris (CR) 3:00 Afternoon Teatime + Birthday Cake (CR) 3:00 Pet Visits w/Marla & Ernie! 7:00 Poker (CR)	9:45 & 10:15 Morning Exercise (CR) 25 10:45 Truth & Reconciliation Art (cafe) 11:45 Tuck Shop (HK) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	10:15 Sit & Stretch (CR) 26 10:30 Activity Booklet (Available at reception) 10:45 Headbands (cafe) 2:00 Card Games (CR) 3:00 Afternoon Teatime (CR) 3:00 Piano w/Amala (CR)	
Yom Kippur Begins		Autumn Begins					
10:30 Activity Booklet (Available at reception) 27 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	9:45 & 10:15 Morning Exercise (CR) 28 10:45 Manicure Monday (CR) 11:45 Tuck Shop (HK) 2:00 Euchre & Board Games (CR) 3:00 Afternoon Teatime (CR)	10:15 Guided Meditation (GR) 29 10:45 Oktoberfest Trivia (cafe) 2:00 Oktoberfest Celebration w/ The Wander Duo (CR) 3:00 Afternoon Teatime (CR)	9:45 & 10:15 Morning Exercise (CR) 30 10:45 Tech Time Presentation (CR) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR)	 September 2026			

Programs are subject to change. Please check the board beside the front desk for daily updated programs or call Social Director Taylor Debattista ext 2240.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Assisted Living Calendar Room Location Legend: HK- Hobby Kitchen CR- Canada Room GR- TV & Games Room DTD- Door to Door LL- Lower Level CH- Chapel L- Library BP- Back Patio		9:30 Guided Meditation 1 10:00 National Geographic 2:00 Chair Yoga w/Simone (CR) 3:30 Can Stack Game	9:30 Bean Bag Toss 2 10:00 Cooking Network 1:00 Friendly Visits 3:30 Afternoon Exercise	9:45 Walking Club 3 10:15 Roman Catholic Church Service (GR) 3:00 Pet Visits w/ Marla & Ernie! 3:30 Ball Games	9:30 Morning Exercise 4 11:30 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Movie Matinee	10:30 Activity Booklet 5 (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)
10:30 Activity Booklet 6 (Available at reception) 2:00 Church Service w/Richard Saunders (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	9:30 Morning Exercise 7 10:00 Mr. Bean Show 11:45 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Manicure Monday Labor Day	9:30 Guided Meditation 8 10:00 Cooking Network 1:00 Friendly Visits 3:30 Coloring	Vendor: Old Soul Project 9 9:30 Ring Toss 10:00 Travelogue 1:00 Friendly Visits 3:30 Afternoon Exercise	9:45 Walking Club 10 10:00 Concert on Screen 3:00 Pet Visits w/ Marla & Ernie! 3:30 Pictionary	9:30 Morning Exercise 11 11:30 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Movie Matinee	9:30 Morning Exercise 12 10:30 Activity Booklet (Available at reception) 3:00 Piano w/Amala (CR)
10:30 Activity Booklet 13 (Available at reception) 2:00 Church Service w/ St James Apostle Church (L) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR) Grandparents Day	9:30 Morning Exercise 14 10:00 Mr. Bean Show 11:45 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Manicure Monday	9:30 Guided Meditation 15 10:45 For National Grandparents Day: Spa & Pampering (GR) 12:30 Depart to Georgetown Mall- by sign up 3:30 Can Stack Game	9:30 Beach Ball Game 16 10:30 Indigenous Smudging Ceremony (CR) 1:00 Friendly Visits 3:30 Afternoon Exercise	Vendor: Love Rich Jewelry 17 9:45 Walking Club 10:15 Roman Catholic Church Service (GR) 3:00 Pet Visits w/ Marla & Ernie! 3:30 Sing Along	9:30 Morning Exercise 18 11:30 Tuck Shop (HK) 1:00 Friendly Visits 2:00 Food Meeting (CR) 3:30 Movie Matinee	10:30 Activity Booklet 19 (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR) Oktoberfest Begins
10:30 Activity Booklet 20 (Available at reception) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR) Yom Kippur Begins	9:30 Morning Exercise 21 10:00 Mr. Bean Show 11:45 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Manicure Monday	Vendor: Avon 22 9:30 Guided Meditation 10:00 Cooking Network 10:30 Depart to Fo Guang Shang Temple - by sign up 1:00 Friendly Visits 3:30 Autumn Coloring Autumn Begins	9:30 Axe Throwing 23 10:00 Mr. Bean Show 1:00 Friendly Visits 2:00 Monthly Calendar Meeting (CR) 3:30 Afternoon Exercise	9:45 Walking Club 24 10:00 Cooking Network 2:00 Birthday Bash w/ Emilio Zarris (CR) 3:00 Pet Visits w/ Marla & Ernie!	9:30 Morning Exercise 25 11:30 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Movie Matinee	9:30 Morning Exercise 26 10:30 Activity Booklet (Available at reception) 3:00 Piano w/Amala (CR)
10:30 Activity Booklet 27 (Available at reception) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	9:30 Morning Exercise 28 10:00 Mr. Bean Show 11:45 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Manicure Monday	9:30 Guided Meditation 29 10:00 National Geographic 2:00 Oktoberfest Celebration w/ The Wander Duo (CR) 3:30 Wonders of Germany	9:30 Bowling 30 10:00 Concert on Screen 1:00 Friendly Visits 3:30 Afternoon Exercise	September 2026 		

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