Assisted Living Calendar

October 2026

Programs are subject to change. Please check the board beside the front desk for daily updated programs or call Social Director Taylor Debattista ext 2240.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Indoor Walking Club 10:15 Roman Catholic Church Service (GR) 1:00 Friendly Visits 3:00 Pet Visits w/Marla & Ernie! 3:30 Bowling	2 9:30 Morning Exercise 11:30 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Movie Matinee	3 10:30 Activity Booklet (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)
4 10:30 Activity Booklet (Available at reception) 2:00 Church Service w/Richard Saunders (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	5 9:30 Morning Exercise 10:00 "I Love Lucy" 11:45 Tuck Shop (HK) 3:30 Manicure Monday	6 **Vendor: Express Fashions** 9:30 Guided Meditation 10:00 Mr. Bean Show **12:45 Depart to Springridge Farm- by sign up** 1:00 Friendly Visits 3:30 Fall Colouring	7 9:30 Ring Toss 10:00 Travelogue **2:00 Entertainment w/ Violinist Viera (CR)** 3:30 Afternoon Exercise	8 9:30 Indoor Walking Club 10:00 Travelogue 1:00 Friendly Visits 3:00 Pet Visits w/Marla & Ernie! 3:30 Sing Along	9 9:30 Morning Exercise 11:30 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Movie Matinee	10 9:30 Morning Exercise 10:30 Activity Booklet (Available at reception) **3:00 Piano w/Amala (CR)**
11 10:30 Activity Booklet (Available at reception) 2:00 Church Service w/ St James Apostle Church (L) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	12 10:00 Concert on Screen; Andre Rieu at Radio City Music Hall (GR) 3:00 Afternoon Teatime (CR) Thanksgiving Day (Canada)	13 **Vendor: Bella's Boutique** 9:30 Guided Meditation 10:00 Mr. Bean Show **11:00 Information Session w/Mayor Patrick Brown (CR)** 1:00 Friendly Visits **2:00 Chair Yoga w/Simone (CR)** 3:30 Can Stack Game	14 9:30 Dart Game 10:00 National Geographic **2:00 Welcome Tea/ Pianist Jennifer (CR)** 3:30 Afternoon Exercise	15 9:30 Indoor Walking Club 10:15 Roman Catholic Church Service (GR) 1:00 Friendly Visits 3:00 Pet Visits w/Marla & Ernie! 3:30 Ball Games	16 9:30 Morning Exercise 11:30 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Movie Matinee	17 10:30 Activity Booklet (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)
18 10:30 Activity Booklet (Available at reception) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	19 9:30 Morning Exercise 10:00 Cooking Network 11:45 Tuck Shop (HK) 3:30 Manicure Monday	20 9:30 Guided Meditation 10:00 Mr. Bean Show **11:00 Depart for Fall Colours Bus Tour + Lunch -by sign up** 1:00 Friendly Visits 3:30 Balloon Tennis	21 9:30 Ring Toss 10:00 Travelogue 1:00 Friendly Visits 3:30 Afternoon Exercise	22 **Vendor: Avon** 9:30 Indoor Walking Club 1:00 Friendly Visits 3:00 Pet Visits w/Marla & Ernie! 3:30 Word Games	23 9:30 Morning Exercise 11:30 Tuck Shop (HK) 1:00 Friendly Visits 3:30 Movie Matinee	24 9:30 Morning Exercise 10:30 Activity Booklet (Available at reception) **3:00 Piano w/Amala (CR)**
25 10:30 Activity Booklet (Available at reception) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	26 9:30 Morning Exercise 10:00 "I Love Lucy" 11:45 Tuck Shop (HK) 3:30 Manicure Monday	27 9:30 Guided Meditation 10:00 Mr. Bean Show 1:00 Friendly Visits 3:30 Can Stack Game	28 9:30 Dart Game 10:00 National Geographic 1:00 Friendly Visits **2:00 Monthly Calendar Meeting (CR)** 3:30 Afternoon Exercise	29 9:30 Indoor Walking Club **10:45 Presentation on Vision Loss (CR)** 1:00 Friendly Visits 3:00 Pet Visits w/Marla & Ernie! 3:30 Halloween Coloring	30 10:00 Cherrytree Halloween Parade (CR) 11:45 Tuck Shop (HK) **2:00 Halloween Birthday Bash w/ Jay Franco (CR)** 3:00 Afternoon Teatime + Birthday Cake (CR)	31 10:30 Activity Booklet (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Roman Catholic Church Service (GR) 10:15 Shuffleboard (LL) 10:45 Blackjack (CR) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/Marla & Ernie!	2 9:45 & 10:15 Morning Exercise (CR) 10:45 Hangman (cafe) 11:30 Tuck Shop (HK) 2:00 Let's Karaoke! (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	3 10:30 Activity Booklet (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)
4 10:30 Activity Booklet (Available at reception) 2:00 Church Service w/Richard Saunders (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	5 9:45 & 10:15 Morning Exercise (CR) 10:45 Manicure Monday (CR) 11:45 Tuck Shop (HK) 2:00 Euchre & Board Games (CR) 3:00 Afternoon Teatime (CR)	6 **Vendor: Express Fashions** 10:15 Guided Meditation (GR) 10:45 Fall Painting & Crafts (cafe) **12:45 Depart to Springridge Farm -by sign up** 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR)	7 9:45 & 10:15 Morning Exercise (CR) 10:45 Word Chain (cafe) **2:00 Entertainment w/ Violinist Viera (CR)** 3:00 Afternoon Teatime (CR)	8 10:15 Shuffleboard (LL) 10:45 UNO (CR) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/Marla & Ernie! 7:00 Poker (CR)	9 9:45 & 10:15 Morning Exercise (CR) 10:45 Chase the Ace (CR) 11:30 Tuck Shop (HK) 2:00 Dominoes (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	10 10:15 Sit & Stretch (CR) 10:30 Activity Booklet (Available at reception) 10:45 Headbands (cafe) 2:00 Card Games (CR) **3:00 Piano w/Amala (CR)**
11 10:30 Activity Booklet (Available at reception) 2:00 Church Service w/ St James Apostle Church (L) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	12 10:00 Concert on Screen; Andre Rieu at Radio City Music Hall (GR) 3:00 Afternoon Teatime (CR) Thanksgiving Day (Canada)	13 **Vendor: Bella's Boutique** 10:15 Guided Meditation (GR) **11:00 Information Session w/Mayor Patrick Brown (CR)** **2:00 Chair Yoga w/Simone (CR)** 3:00 Afternoon Teatime (CR)	14 9:45 & 10:15 Morning Exercise (CR) 10:45 Travelogue: Wonders of Alberta (GR) **2:00 Welcome Tea w/Pianist Jennifer (CR)**	15 10:15 Roman Catholic Church Service (GR) 10:15 Shuffleboard (LL) 10:45 Blackjack (CR) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/Marla & Ernie!	16 9:45 & 10:15 Morning Exercise (CR) 10:45 Autumn Baking (HK) 11:30 Tuck Shop (HK) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	17 10:30 Activity Booklet (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)
18 10:30 Activity Booklet (Available at reception) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	19 9:45 & 10:15 Morning Exercise (CR) 10:45 Manicure Monday (CR) 11:45 Tuck Shop (HK) 2:00 Euchre & Board Games (CR) 3:00 Afternoon Teatime (CR)	20 10:15 Guided Meditation (GR) 10:45 Rebus (cafe) **11:00 Depart for Fall Colours Bus Tour & Lunch -by sign up** 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR)	21 9:45 & 10:15 Morning Exercise (CR) 10:45 Hymn Sing (CR) 2:00 Dominoes (CR) 3:00 Afternoon Teatime (CR)	22 **Vendor: Avon** 10:15 Shuffleboard (LL) 10:45 Skip-BO (CR) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/Marla & Ernie! 7:00 Poker (CR)	23 9:45 & 10:15 Morning Exercise (CR) 10:45 Lifesize Connect -4 (cafe) 11:30 Tuck Shop (HK) **2:00 Food Meeting (CR)** 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	24 10:15 Sit & Stretch (CR) 10:30 Activity Booklet (Available at reception) 10:45 Charades (cafe) 2:00 Card Games (CR) **3:00 Piano w/Amala (CR)**
25 10:30 Activity Booklet (Available at reception) 3:00 Afternoon Teatime (CR) 7:15 Movie Night! (GR)	26 9:45 & 10:15 Morning Exercise (CR) 10:45 Rummy-O (CR) 11:45 Tuck Shop (HK) 2:00 Euchre & Board Games (CR) 3:00 Afternoon Teatime (CR)	27 10:15 Guided Meditation (GR) 10:45 Pumpkin Carving (cafe) 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR)	28 9:45 & 10:15 Morning Exercise (CR) 10:45 Bazaar Prep! (cafe) **2:00 Monthly Calendar Meeting (CR)** 3:00 Afternoon Teatime (CR)	29 10:15 Shuffleboard (LL) **10:45 Presentation on Vision Loss (CR)** 2:00 Bingo (CR) 3:00 Afternoon Teatime (CR) 3:00 Pet Visits w/Marla & Ernie!	30 10:00 Cherrytree Halloween Parade (CR) 10:45 Sit & Stretch (CR) 11:30 Tuck Shop (HK) **2:00 Halloween Birthday Bash w/ Jay Franco (CR)** 3:00 Afternoon Teatime + Birthday Cake (CR) 7:15 Movie Night! (GR)	31 10:30 Activity Booklet (Available at reception) 2:00 Newfie Bingo (cafe) 3:00 Afternoon Teatime (CR)

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