# Assisted Living Calendar

# November 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1<br>10:30 Activity Booklet (Available at reception)<br>2:00 Church Service w/Richard Saunders (CR)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR)<br>Daylight Saving Time Ends | 2<br>9:30 Morning Exercise<br>**10:45 Presentation on Osteopathy (CR)**<br>11:45 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Manicure Monday | 3<br>**Vendor: Avon**<br>9:30 Guided Meditation<br>1:00 Friendly Visits<br>3:30 Can Stack Game | 4<br>9:30 Bowling<br>10:45 Henna Tattoos (cafe)<br>**2:00 Diwali Celebration (CR)**<br>3:30 Afternoon Exercise | 5<br>9:30 Indoor Walking Club<br>10:15 Roman Catholic Church Service (CR)<br>**2:00 Entertainment w/ Hawk Nest Trio (CR)**<br>3:00 Pet Visits w/Marla & Ernie!<br>3:30 Dart Game | 6<br>9:30 Morning Exercise<br>11:30 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Movie Matinee<br>National Jersey Day | 7<br>9:30 Morning Exercise<br>10:30 Activity Booklet (Available at reception)<br>2:00 Newfie Bingo (cafe)<br>3:30 Sing Along |
| 8<br>10:30 Activity Booklet (Available at reception)<br>2:00 Church Service w/ St James Apostle Church (L)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR)<br>Diwali (Hindi) | 9<br>**Vendor: Ez Fits Shoes**<br>9:30 Morning Exercise<br>10:00 Mr. Bean Show<br>11:45 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Manicure Monday | 10<br>9:30 Guided Meditation<br>1:00 Friendly Visits<br>**12:00 Depart to Swiss Chalet -by sign up**<br>3:30 Remembrance Day Coloring | 11<br>9:30 Ring Toss<br>**10:45 Remembrance Day Ceremony (CR)**<br>1:00 Friendly Visits<br>3:30 Afternoon Exercise<br>Veterans Day<br>Remembrance Day (Canada) | 12<br>**Vendor: Adrian's Clothing**<br>9:30 Indoor Walking Club<br>**10:00 Cherrytree School Remembrance Day Ceremony (CR)**<br>**12:00 Diner's Club: Mandarin -by sign up**<br>3:00 Pet Visits w/Marla & Ernie!<br>3:30 Balloon Tennis | 13<br>9:30 Morning Exercise<br>11:30 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Movie Matinee | 14<br>10:30 Activity Booklet (Available at reception)<br>2:00 Newfie Bingo (cafe)<br>3:00 Afternoon Teatime (CR)<br>**3:00 Piano w/Amala (CR)** |
| 15<br>10:30 Activity Booklet (Available at reception)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR) | 16<br>9:30 Morning Exercise<br>10:00 Mr. Bean Show<br>11:45 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Manicure Monday | 17<br>9:30 Guided Meditation<br>1:00 Friendly Visits<br>**2:00 Chair Yoga w/Simone (CR)**<br>3:30 Can Stack Game | 18<br>9:30 Bowling<br>10:00 Cooking Network<br>1:00 Friendly Visits<br>3:30 Afternoon Exercise | 19<br>9:30 Indoor Walking Club<br>10:15 Roman Catholic Church Service (CR)<br>**10:45 Presentation on Vaccines (CR)**<br>**2:00 Entertainment w/Ryan Andrews (CR)**<br>3:00 Pet Visits w/Marla & Ernie! | 20<br>9:30 Morning Exercise<br>11:30 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Movie Matinee | 21<br>**ANNUAL HOLIDAY BAZAAR!**<br>**11am-3pm** |
| 22<br>10:30 Activity Booklet (Available at reception)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR) | 23<br>9:30 Morning Exercise<br>10:00 Mr. Bean Show<br>11:45 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Manicure Monday | 24<br>9:30 Guided Meditation<br>**2:00 Birthday Bash w/Ron Russell (CR)**<br>3:00 Afternoon Teatime + Birthday Cake (CR)<br>3:30 Word Games | 25<br>9:30 Dart Game<br>10:00 Travelogue<br>**12:30 Depart to Georgetown Mall -by sign up**<br>1:00 Friendly Visits<br>3:30 Afternoon Exercise | 26<br>9:30 Indoor Walking Club<br>**10:45 Monthly Calendar Meeting (CR)**<br>3:00 Pet Visits w/Marla & Ernie!<br>3:30 Ball Games | 27<br>9:30 Morning Exercise<br>10:45 Putting up & Decorating the Christmas Tree<br>11:30 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Movie Matinee | 28<br>10:30 Activity Booklet (Available at reception)<br>2:00 Newfie Bingo (cafe)<br>3:00 Afternoon Teatime (CR)<br>**3:00 Piano w/Amala (CR)** |
| 29<br>10:30 Activity Booklet (Available at reception)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR) | 30<br>9:30 Morning Exercise<br>10:00 Mr. Bean Show<br>11:45 Tuck Shop (HK)<br>1:00 Friendly Visits<br>3:30 Manicure Monday | | | | | |

Programs are subject to change. Please check the board beside the front desk for daily updated programs or call Social Director Taylor Debattista ext 224

# November 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1<br>10:30 Activity Booklet (Available at reception)<br>2:00 Church Service w/Richard Saunders (CR)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR)<br>Daylight Saving Time Ends | 2<br>9:45 & 10:15 Morning Exercise (CR)<br>**10:45 Presentation on Osteopathy (CR)**<br>11:45 Tuck Shop (HK)<br>2:00 Euchre & Board Games (CR)<br>3:00 Afternoon Teatime (CR) | 3<br>**Vendor: Avon**<br>10:15 Guided Meditation (CR)<br>10:45 Word Chain (cafe)<br>2:00 Bingo (CR)<br>3:00 Afternoon Teatime (CR)<br>3:30 Wonders of India (GR) | 4<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Henna Tattoos (cafe)<br>**2:00 Diwali Celebration (CR)**<br>3:00 Afternoon Teatime (CR) | 5<br>10:15 Roman Catholic Church Service (CR)<br>10:15 Shuffleboard (LL)<br>10:45 UNO (CR)<br>**2:00 Entertainment w/ Hawk Nest Trio (CR)**<br>3:00 Afternoon Teatime (CR)<br>3:00 Pet Visits w/Marla & Ernie!<br>7:00 Poker (CR) | 6<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Hymn Sing (CR)<br>11:30 Tuck Shop (HK)<br>2:00 Bingo (CR)<br>3:00 Afternoon Teatime (CR)<br>3:30 Bazaar Prep! (cafe)<br>7:15 Movie Night! (CR)<br>National Jersey Day | 7<br>10:15 Sit & Stretch (CR)<br>10:30 Activity Booklet (Available at reception)<br>10:45 Charades (cafe)<br>2:00 Card Games (CR)<br>3:00 Afternoon Teatime (CR) |
| 8<br>10:30 Activity Booklet (Available at reception)<br>2:00 Church Service w/ St James Apostle Church (L)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR)<br>Diwali (Hindi) | 9<br>**Vendor: Ez Fits Shoes**<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Blackjack (CR)<br>11:45 Tuck Shop (HK)<br>2:00 Euchre & Board Games (CR)<br>3:00 Afternoon Teatime (CR) | 10<br>10:15 Guided Meditation (CR)<br>10:45 Jeopardy (cafe)<br>**12:00 Depart to Swiss Chalet -by sign up**<br>2:00 Bingo (CR)<br>3:00 Afternoon Teatime (CR) | 11<br>**10:45 Remembrance Day Ceremony (CR)**<br>2:00 Dominoes (CR)<br>3:00 Afternoon Teatime (CR)<br>Remembrance Day (Canada) | 12<br>**Vendor: Adrian's Clothing**<br>**10:00 Cherry Tree School Remembrance Day Performance (CR)**<br>10:45 Skip-BO (CR)<br>**12:00 Diner's Club: Mandarin -by sign up**<br>2:00 Bingo (CR)<br>3:00 Afternoon Teatime (CR)<br>3:00 Pet Visits w/Marla & Ernie! | 13<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Making Tea (HK)<br>11:30 Tuck Shop (HK)<br>2:00 Let's Karaoke! (CR)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (CR) | 14<br>10:30 Activity Booklet (Available at reception)<br>2:00 Newfie Bingo (cafe)<br>3:00 Afternoon Teatime (CR)<br>**3:00 Piano w/Amala (CR)** |
| 15<br>10:30 Activity Booklet (Available at reception)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR) | 16<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Manicure Monday (CR)<br>11:45 Tuck Shop (HK)<br>2:00 Euchre & Board Games (CR)<br>3:00 Afternoon Teatime (CR) | 17<br>10:15 Guided Meditation (CR)<br>10:45 Decorating Canada Room Christmas Tree (CR)<br>**2:00 Chair Yoga w/Simone (CR)**<br>3:00 Afternoon Teatime (CR)<br>3:30 Wonders of Mongolia (GR) | 18<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Decorating Cafe Christmas Tree (cafe)<br>2:00 Bingo (CR)<br>3:00 Afternoon Teatime (CR) | 19<br>10:15 Roman Catholic Church Service (GR)<br>10:15 Shuffleboard (LL)<br>**10:45 Presentation on Vaccines (CR)**<br>**2:00 Entertainment w/Ryan Andrews (CR)**<br>3:00 Afternoon Teatime (CR)<br>3:00 Pet Visits w/Marla & Ernie!<br>7:00 Poker (CR) | 20<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Baking (HK)<br>11:30 Tuck Shop (HK)<br>2:00 Final Bazaar Prep! (cafe)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR) | 21<br>ANNUAL HOLIDAY BAZAAR!<br>11:00am-3:00pm |
| 22<br>10:30 Activity Booklet (Available at reception)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR) | 23<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Blackjack (CR)<br>11:45 Tuck Shop (HK)<br>2:00 Euchre & Board Games (CR)<br>3:00 Afternoon Teatime (CR) | 24<br>10:15 Guided Meditation (CR)<br>10:45 Hangman (cafe)<br>**2:00 Birthday Bash w/Ron Russell (CR)**<br>3:00 Afternoon Teatime + Birthday Cake (CR) | 25<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Hymn Sing (CR)<br>**12:30 Depart to Georgetown Mall -by sign up**<br>2:00 Dominoes (CR)<br>3:00 Afternoon Teatime (CR) | 26<br>10:15 Shuffleboard (LL)<br>**10:45 Monthly Calendar Meeting (CR)**<br>2:00 Bingo (CR)<br>3:00 Afternoon Teatime (CR)<br>3:00 Pet Visits w/Marla & Ernie! | 27<br>9:45 & 10:15 Morning Exercise (CR)<br>**10:45 Food Meeting (CR)**<br>11:30 Tuck Shop (HK)<br>2:00 Bingo (CR)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (CR) | 28<br>10:30 Activity Booklet (Available at reception)<br>2:00 Newfie Bingo (cafe)<br>3:00 Afternoon Teatime (CR)<br>**3:00 Piano w/Amala (CR)** |
| 29<br>10:30 Activity Booklet (Available at reception)<br>3:00 Afternoon Teatime (CR)<br>7:15 Movie Night! (GR) | 30<br>9:45 & 10:15 Morning Exercise (CR)<br>10:45 Manicure Monday (CR)<br>11:45 Tuck Shop (HK)<br>2:00 Euchre & Board Games (CR)<br>3:00 Afternoon Teatime (CR) | | | | | |

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